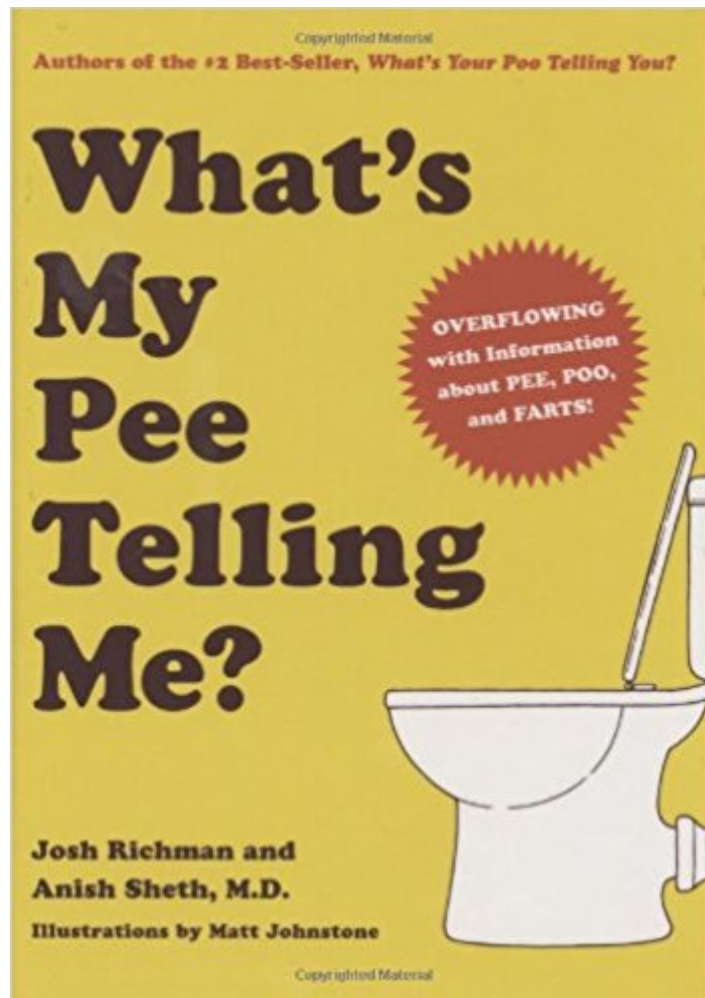




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# What's My Pee Telling Me?



## Synopsis

What goes in must come out. It's that simple. But what does it all mean? Therein lies the mystery and the key to your health and happiness. In this entertaining and fact-filled guide, the authors of the best-selling *What's Your Poo Telling You?* expand their probing inquiry into the workings of the human body to reveal the secrets and splendors of farts and pee, as well as more about their inevitable companion, poo. In the shocking and informative final section, the authors explode a variety of popular myths about the gastrointestinal tract. After reading this book, you'll never think of your bodily functions in the same way again!

## Book Information

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## Customer Reviews

Josh Richman holds an MBA from Stanford University and lives in the San Francisco Bay Area. He met his coauthor when they were undergraduates at Brown University, but his interest in bodily functions extends back to his childhood. Anish A. Sheth, M.D., holds a medical degree from Brown University and is currently a gastroenterologist and assistant professor of medicine at Yale University. He lives in Connecticut with his wife and son. Despite his love for poo (and pee), Anish is enjoying parental life after potty training.

Maybe there's only so much to talk about pee, but I bought both the *What's Your Poo Telling You?* and this book, and it seems to repeat a lot from the first book. Its predecessor is much more useful and health directed, while this stuff talks more about non-health stuff like the euphoria you get after peeing when you've been holding it a long time. They should just combine both books together!

We have "What's Your Pooh Telling You" and it is not something you normally talk about but the authors have made it so comical that they will be one of the funniest books you read. I read it out loud on a trip and he did not want to at first but after a while he was laughing so hard I was worried about it interfering with his driving. It really does convey important things you should know and look for as to how your system is working. It tells you a lot about your general health and now days, we need to stay on top of our health, to give doctors the best information we can or at least to know when we should be concerned and aware of what is going on with our body. Our "Septic" system is a window to what is going on inside us so this is a comical way of being informed.

I purchased this book as a gift and I received this review from the recipient:"I have to say, while I loved the book, I do think they need more diversity, namely, a woman needs to be involved in their books. There's a lot of different issues with menstruation that they simply don't cover! Period poops needs a section for sure. And for pee, why not UTI pee or stuff like that?It seems that they are not squeamish at all, so all they need to do is get a woman on the scene to educate them and help write those sections.Otherwise, I give books 1 and 2 five stars!!! They are hilarious and educational."

Informative, funny, enlightening. It's a great bathroom book and the kids read it, too, giving them an education in the biological sciences while they're on the loo. Who doesn't want that?

Better book then "What's Your Poo Telling You?" This not only covers urine but it covers BM information as well.

I gave this book as a gag gift for a friend. They loved it and it now sits in their bathroom.

I bought this for a friend because we have a tradition of exchanging toilet-related gifts. She keeps it on the commode and says visitors have commented that it contained surprising informational trivia.

A great bathroom read and fun conversation. It is in my bathroom shelf and it gets lots of laughter and comments from guests.

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